

**Who Are We?**

SchoolsPlus is a confidential, free service available in every school in Nova Scotia! Our goal is to build positive relationships between families, schools, and communities. We can help students with what they need to succeed – from home, to school, and back again! Our team can help with things like:

**Connecting to Resources & Supports**



| Help finding and applying for recreation programs | Help navigating various tutoring supports | Help accessing food banks or other food supports | Help navigating health & mental health services |
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| Help filling out applications & paperwork | Help with transportation to appointments | Meeting with families at home to discuss supports | Accompanying families to important appointments |
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**Group Programming**

Our staff can offer group programming for students as well as for parents/guardians. This includes lunch time and after school programs, as well as some full-class presentations. Some examples of past programming include: parent coffee hours, social skills groups, healthy relationships programs, and more!

**Managing Complex Situations**

Sometimes students and families are already connected to many services, but still need help managing it all. Our Assistant Leaders can offer case management support to help make sure everyone involved is communicating clearly and families are receiving the best support possible!

**How Do I Get Referred?** 

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**Our John Martin Junior High School Team**

Not sure if we can help? Contact the Schools Plus Facilitator to find out!

| **STACEY OLIVER**  Schools Plus Facilitator  Cell: 902-225-2632 (Call or Text)  Email: [stacey.oliver@hrce.ca](mailto:stacey.oliver@hrce.ca) |
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