

# Find Christmas Support

We know the holiday season can be a stressful. We'll do our best to support you.

## HOW TO GET SUPPORT IF YOU LIVE OUTSIDE OF HALIFAX REGIONAL MUNICIPALITY

If you live outside of HRM, and you have questions about finding support in your area, please call 211, or contact your local food bank. Find their details using our [Find Food](https://www.feednovascotia.ca/find-food) (<https://www.feednovascotia.ca/find-food>) tool. Deadlines to apply vary across Nova Scotia.

## HOW TO GET SUPPORT IF YOU LIVE IN HALIFAX REGIONAL MUNICIPALITY

### Register with an organization:

**Salvation Army:** Starting Monday, October 23, you can register online at [hrmchristmas.ca](http://hrmchristmas.ca) (<http://hrmchristmas.ca>) or in person at 2038 Gottingen Street in Halifax. If you have questions, call 902-422-1598.

**Parker Street:** Starting Monday, October 2, you can register online at [parkerstreet.org](https://parkerstreet.org) (<https://parkerstreet.org/programs/christmas-programs/>) or by visiting in person Monday to Friday, between 8:30am and 12pm or between 1pm and 3pm. For more information, call 902-425-2125 and select option 1.

**There are over 40 other organizations in Halifax Regional Municipality that offer food and/or gift support for Christmas.** If there is one you are familiar with, check with them about registering for support. 211 will also have some information about certain organizations offering holiday food and gift support programs. You can contact them to see if there are support options in your area.

If you're unable to register directly with an organization, you can request to be matched with an organization for your support. Support cannot be guaranteed, but as long as organizations have resources available, every effort will be made to match your request.

**Register online:**

You can register online beginning November 1, by [clicking here](https://form.jotform.com/232556109090251) (<https://form.jotform.com/232556109090251>).

Starting Wednesday, November 8, requests can be submitted over the phone by calling 902-457-2849 and staff will be available 9am until 4pm, Monday to Friday.

You can submit your request through the mail by sending it to the address below. Mailed-in requests will be processed starting November 1.

Christmas Program c/o Feed Nova Scotia  
PO Box 9198 Station A  
Halifax, NS B3K 5M8

**WHAT KIND OF SUPPORT IS AVAILABLE**

Most organizations that participate in the Christmas Registry program provide food for holiday meals and gifts for children. Individual organizations can provide you with more information about what kinds of support they offer when you register.

**DEADLINES FOR REGISTRATION**

Individual organizations will have their own registration deadlines, but generally the sooner you register, the better! Deadlines for submitting a request to be matched with an organization are:

November 15: Requests for both food *and* gift support

December 15: Requests for *only* food support

**HOW WILL I HEAR ABOUT SUPPORT**

If your support was not confirmed when you registered with an organization, most organizations will be contacting people by early to mid-December. If you haven't heard back about your support by December 13, contact the organization you registered with or call 902-457-2849. Organizations may use any of the contact information you provided when you register, so you may get a phone call, voicemail, email, or text. If your contact information changes, be sure to let the organization you registered with know.

Click [here](https://www.feednovascotia.ca/find-food/christmas-support-faq) (<https://www.feednovascotia.ca/find-food/christmas-support-faq>) to view other frequently asked questions.

## Contact Us

**PHONE** (902) 457-1900

**FAX** (902) 457-4500

**EMAIL** [communications@feednovascotia.ca](mailto:communications@feednovascotia.ca) (<mailto:communications@feednovascotia.ca>)

67 Wright Avenue

Dartmouth, Nova Scotia B3B 1H2 Weekdays 8:00AM - 4:30PM

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[READ OUR BLOG \(/BLOG\)](#)

[\(https://www.foodbankscanada.ca/\)](https://www.foodbankscanada.ca/)

[\(https://volunteer.ca/\)](https://volunteer.ca/)

[\(http://www.imaginecanada.ca/\)](http://www.imaginecanada.ca/)

[\(https://www.bbb.org/en/ca/\)](https://www.bbb.org/en/ca/)