



Talking Through Tough Stuff

(for parents & caregivers of kids 10+)

Raising teens and tweens comes with big questions and conversations that aren't always easy. This informal group offers a safe, supportive space for parents to come together and talk openly about how to navigate these conversations with confidence, empathy and connection while staying close with our kids and guiding them through the challenges of growing up.

WHEN: Tuesday, Nov. 18 6-8 pm

WHERE: The North Grove- 6 Primrose Street, Unit 150

To join our interest list, please call 902 464-8234

