



UNITY CHARITY PRESENTS: **THE SOURCE PROGRAM**

WHO ARE WE?

Unity is a national non-profit organization that uses Hip Hop art forms to help young people develop resilience, creating healthier communities.

WHAT DO WE DO?

We use a 'Hip Hop meets Mental Health' approach! Unity workshops and programs interweave arts-based instruction with skill building activities that support young people in developing protective factors that contribute to resilience and positive mental health outcomes!

WHAT IS THE SOURCE?

Unity Charity's Source Hip Hop Program empowers African youth and marginalized communities in Nova Scotia through virtual and in-person Hip Hop.

The program fosters social skills, belonging, and online access, serving over 300 youth in 48 hybrid programs across Nova Scotia, Ontario, and Alberta. Participants receive weekly sessions in Beat Production, Spoken Word + Song Writing, and Street Dance.

Digital device and internet subsidies are available for those in need, with continued attendance required to maintain benefits and devices.

THE SOURCE PROGRAM DETAILS

COST: FREE

WHO CAN REGISTER

- Youth ages 14 - 19
- Individuals who identify as African Nova Scotian
- Individuals who identify as a member of a Marginalized / Underserved community

Please note: *Participants must attend programs to maintain their free internet access and be able to keep their device at the end of the program!*

HOW MANY SESSIONS

- 2 8-week seasons of 16 workshops.
- Season One: October 7 - November 25, 2025
- Season Two: January 7 - February 28, 2026

ART FORMS

- Spoken Word + Rap
- Beat Production
- Street Dance
- Drifted Closed Black Space

BENEFITS TO PARTICIPANTS

- Small learning groups
- Participate in 1 - 2 programs each season
- Digital Device (tablet, laptop) provided for each participant / participating household Beneficiary
- Subsidized Internet during the duration of the program where needed.
- Program showcases, videos and performance opportunities
- An entry into the Unity Artist Network and Programs
- Connecting to African Nova Scotian artists and facilitators

**DON'T MISS OUT ON THIS AMAZING OPPORTUNITY-
ONLY 25 SPOTS AVAILABLE, SO REGISTER TODAY!
REGISTRATION DEADLINE: OCTOBER 23, 2025**

[CLICK HERE TO APPLY NOW](#)

**FOR MORE INFORMATION PLEASE CONTACT:
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THANK YOU TO OUR PARTNERS

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